



# SPRING GYMNASTICS

## FROM SEPTEMBER 2024

Book via Sportspark Reception or call 01603 592398. For more information, please email [gymnastics.sportspark@uea.ac.uk](mailto:gymnastics.sportspark@uea.ac.uk). Bookable up to 10 days in advance.

	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00
MONDAY		Pre Schl - Open	Pre Schl - Open	Pre Schl - Open	Pre Schl - Taugh	Pre Schl Indpenent		Rec Schl - 7 yrs	Rec 8 - 10 yrs			
TUESDAY		Pre Schl - Open	Pre Schl - Open	Pre Schl - Open	Pre Schl - Taugh	Inclusive		Rec Schl - 7 yrs	Rec Schl - 7 yrs	Advanced Tumble		
WEDNESDAY		Pre Schl - Open	Pre Schl - Open	Pre Schl - Open	Pre Schl - Open	Pre Schl - Open		Rec Schl - 7 yrs	Rec Schl - 7 yrs	Rec 11 - 15 yrs	Adult Open Gym	
THURSDAY		Pre Schl - Open	Pre Schl - Open	Pre Schl - Open	Pre Schl - Taugh	Pre Schl Indpenent		Rec Schl - 7 yrs	Rec 8 - 10 yrs	Rec 11 - 15 yrs		
FRIDAY		Pre Schl - Taugh	Pre Schl Indpenent	Pre Schl - Open*	Pre Schl - Open*	Pre Schl - Open*		Rec Schl - 7 yrs	Rec Schl - 7 yrs			
SATURDAY		Rec Schl - 7 yrs	Rec Schl - 7 yrs	Artistic Squad								

\*please note these sessions may not always run due to private hire.

Please note one adult per two children is permitted for all open and pre-school sessions. Thanks for your co-operation.

To find out more, visit <https://www.sportspark.co.uk/sports/gymnastics/>

**All day every day for the community.**

Sportspark, Norwich Research Park, Norwich, Norfolk, NR4 7TJ

