



SPRING GYMNASTICS

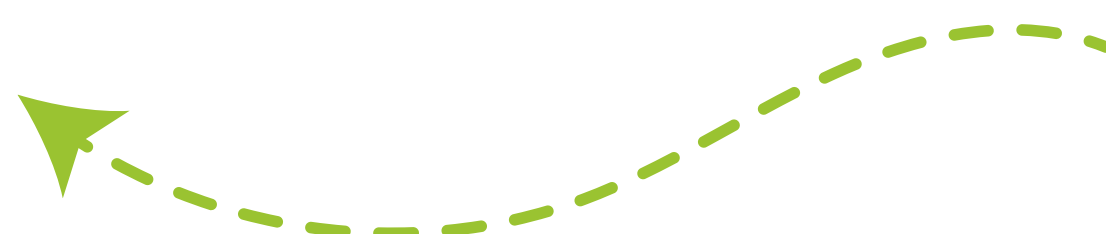
For more information on sessions, how to book and pricing, visit our website www.sportspark.co.uk or scan the QR code below.

	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	
MONDAY		Preschool - Open	Preschool - Open	Preschool - Open	Preschool Taught	Preschool Independent		Rec Schl - 7 yrs Trampoline Schl - 7 yrs	Rec 8 - 10 yrs Trampoline 8 - 15 yrs				
TUESDAY		Preschool - Open	Preschool - Open	Preschool - Open	Preschool Taught	Inclusive - 9 years		Rec Schl - 7 yrs Beginner Tumbling	Rec Schl - 7 yrs Rec 8 - 10 yrs	Advanced Tumble Artistic Squad		Adult Gym 16+	
WEDNESDAY		Preschool - Open	Preschool - Open	Preschool - Open	Preschool - Open	Inclusive - 8-15 years		Rec Schl - 7 yrs Beginner Tumbling	Rec Schl - 7 yrs Rec 8 - 10 yrs Improvers Tumbling	Rec 11 - 15 yrs		Adult Open Gym	
THURSDAY		Preschool - Open	Preschool - Open	Preschool - Open	Preschool - Open	Preschool Independent		Rec Schl - 7 yrs Rec 8 - 10 yrs Improver Schl - 7 yrs	Rec 8 - 10 yrs Improver 8 - 10 yrs	Rec 11 - 15 yrs	Improver Girls 11 - 15 yrs Improver Boys 8 - 15 yrs		
FRIDAY		Preschool Taught	Preschool Independent Baby Open*	Preschool - Open	Preschool - Open	Preschool - Open		Rec Schl - 7 yrs Rec 8 - 10 yrs Improvers Tumbling	Rec Schl - 7 yrs Rec 8 - 10 yrs Rec Schl - 7 yrs	Rec 8 - 10 yrs	Rec 8 - 10 yrs Advanced Tumble	Climbing session Drop-in	
SATURDAY	Rec Schl - 7 yrs Trampoline Schl - 7 yrs	Rec Schl - 7 yrs Rec 8 - 10 yrs Trampoline 8 - 15 yrs	Rec Schl - 7 yrs Rec 8 - 10 yrs Trampoline 8 - 15 yrs	Artistic Squad		Development Squad							Trampoline Schl - 7 yrs Trampoline 8 - 15 yrs Trampoline 8 - 15 yrs Trampoline Adult 16+

*please note these sessions may not always run due to private hire.



Our timetable is subject to change. For the latest schedule, visit our website.



All day every day for the community.

Sportspark, Norwich Research Park, Norwich, Norfolk, NR4 7TJ

